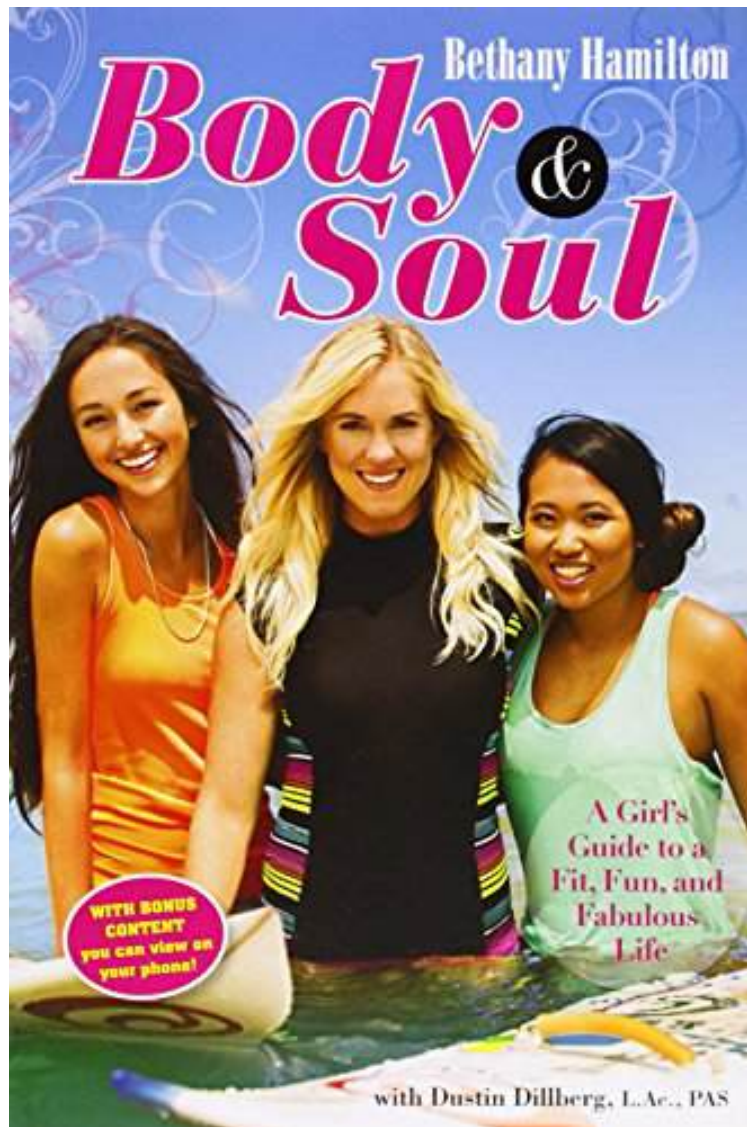


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Body and Soul: A Girl's Guide to a Fit, Fun and Fabulous Life

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